Sagicor

Overview

We have curated an all-rounded meditation playlist.

Relax to the soothing sounds full of positive energy to refresh and restart your mind and body. Gaze upon the mountain, the glistening of the stars in the night sky or the waves rushing to and fro the shore. The playlist consists of videos tailored to evoke mindfulness, general wellness and sleep.

So, breathe deep and allow your mind and body to melt into calm, remember our goal is to not to get you better at meditation it is about getting you better at life.











related products

Cancer Plus

Life Protector

Critical Illness Protector

Purple Shield

Maximum Protector

Triple Protector Plus